

Positioning Your Church for

Forward Mobility

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OVERVIEW and PURPOSE

To challenge leadership to realign themselves with methodologies of church growth while maintaining Emotional Health.

Leadership styles that fit the leader's natural personality.

1. The Coaching Style

2. The Demographic style

3. The Servant style

4. Transformational style

6 Leadership Styles



Practice Self-Care & Healthy Habits

Prioritize physical health: Regular exercise, a balanced diet, and sufficient sleep (7+ hours) significantly boost emotional well-being, notes Verywell Health and the CDC.

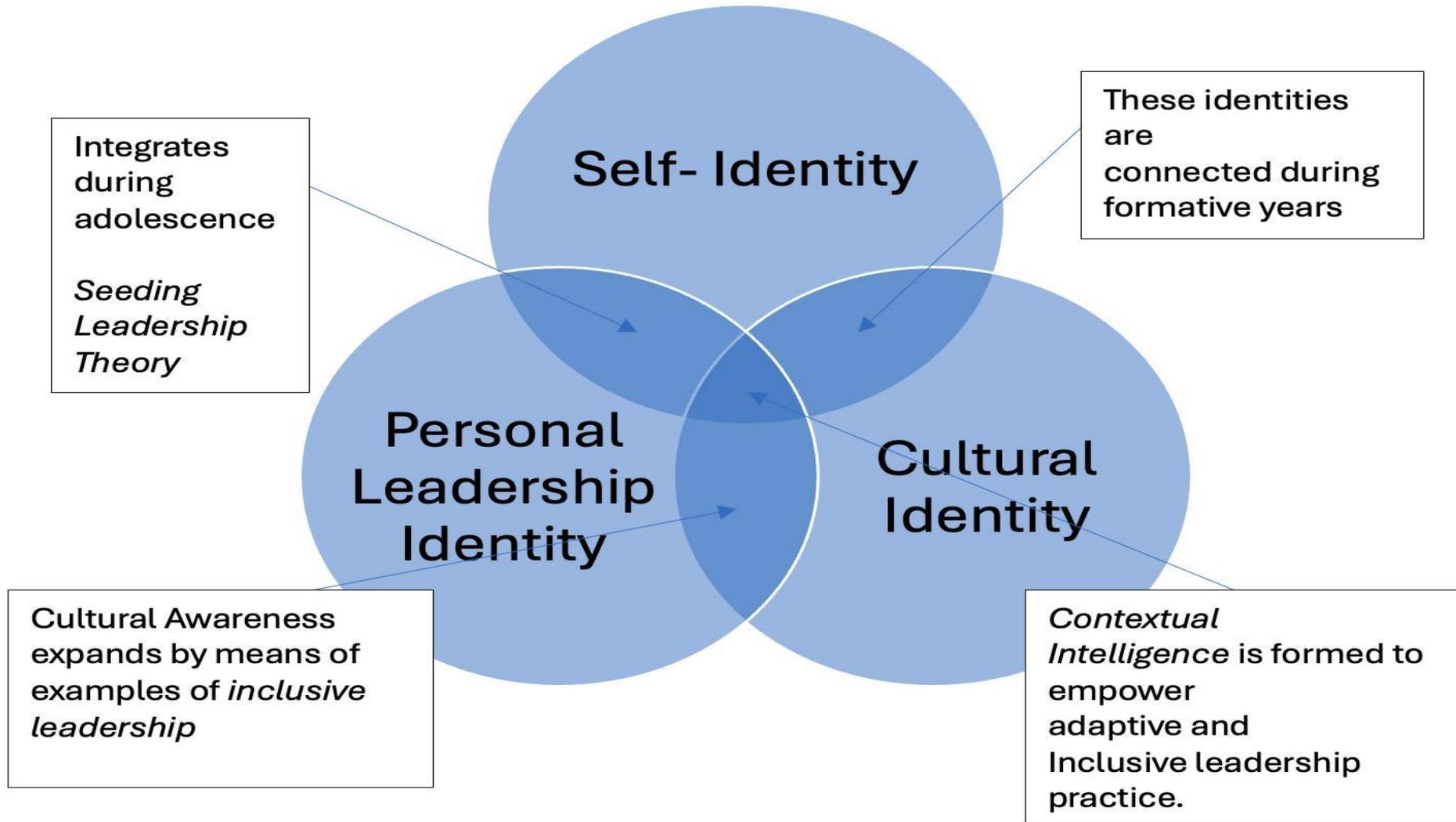
Manage stress: Incorporate relaxation, Practice Self-Care & Healthy Habits

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Manage stress: Incorporate relaxation techniques like deep breathing, meditation, hobbies, or spending time in nature, advises the CDC and Mind.

OBJECTIVE

To offer initiatives that make ministries more attractive, and easy to identify while actively developing members for leadership. To offer relevant tools for personal evangelism and small group connections.



Maintaining Emotional Health

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Take breaks: Schedule daily time for yourself to do something enjoyable.

Be self-compassionate: Forgive yourself for mistakes and learn from them without dwelling, says the NIH.

Challenge negative thoughts: Replace self-criticism with positive self-talk.

Find purpose: Connect to your values and a sense of meaning in life, notes Verywell Health and the NIH.

Cultivate a Positive Mindset

Practice gratitude: Regularly note things you're thankful for to shift focus to the positive. **Be self-compassionate:** Forgive yourself for mistakes and learn from them without dwelling, says the NIH.

Creating an Atmosphere for Cultivating Personal Value (People to People)

- 1) Unity and Diversity in the one body of Christ I Corinth 12
- 2) How much do we know about each other?
- 3) The Why: Validate - Remind – Explore

Reconciling People to Solutions

Requires an all inclusiveness on every member in the body of Christ.

- A) The importance of training in ministry
- B) The influence and affluence needed to do ministry
- C) Utilize our youth in leadership levels in order to keep our ministry relevant, vibrant, and impactful.

Effectively Reconcile People Back to God (We have to walk some through)

- A. Expose and resist conflict James 4:1,7
- B. Inject the gospel into conflict Eph 4:22-24
- C. Communicate clearly that you cannot be misunderstood
Proverb 4:5-9
- D. Constantly build passport into the lives of people

A. Leader should learn to be approachable by using the following skills:

1) Humility-Col 3:12

2) Empathy-1 Pet 3:8

3) Discernment- Hebrew 5:14 Heb 4:12 1 King 3:9

4) Attentive listening-Prov 4:5

Transition back

Listen and learn

Communicate with your team

Empower your team